



DARJEELING HILLS UNIVERSITY

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Recognised under Section 2(f) of the UGC Act, 1956

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Date: June 19, 2025

NOTICE



It is hereby informed that the International Day of Yoga (IDY) celebrations will be held at the university on June 21, 2025 (Saturday). *Yoga Sangam* is the flagship IDY event, featuring mass yoga demonstrations based on the Common Yoga Protocol. The event will be conducted simultaneously across multiple locations in India, between 7:00 am to 7:45 am. All staff and students are directed to participate in the *Yoga Sangam*, and are requested to gather at the event venue by 6:45 am.

Participants are advised to dress comfortably. Necessary arrangements and refreshments have been prepared for the participants.

Registrar (Additional Charge)

Darjeeling Hills University